

Celebrating 50 years of the

PONTE VEDRA



Recorder

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75 cents

Not your average newspaper, not your average reader

PonteVedraRecorder.com



Power in Pink

Nearly 3,000 walkers and runners turned out for the 2019 Pink Up The Pace 5K on Saturday, Oct. 5. Noted as the largest 5K race in St. Augustine, Pink Up The Pace serves both women and men in an effort to raise money to help fund breast cancer detection imaging services. The nonprofit aims to have a positive impact on the lives of those affected by cancer. **Read more on Page 25.**

Photo by Christine Rodenbaugh



First Coast Register

INSIDE



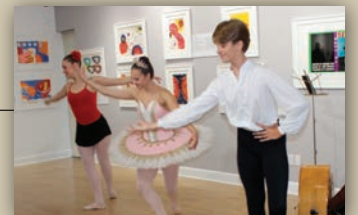
Women in Business

Pages 15-26



In the Arts

Pages 32-35

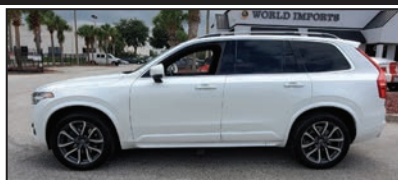


CAR OF THE WEEK

2016 VOLVO XC90
AWD T6 MOMENTUM

43,910 MILES, LOADED
STK# 11664

PRICE \$28,999



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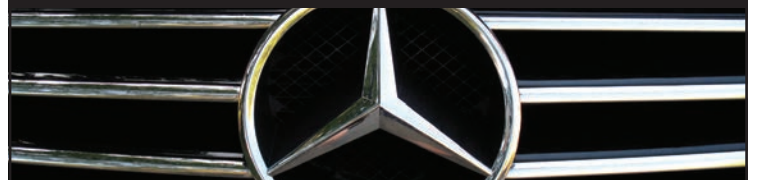
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INSIDE

One of Us

Page 6

Calendar

Pages 22-23

Business Weekly

Pages 27-28

Sports

Pages 36 and 38



Hugh Osteen
Florida Market Manager
hugh@opcfla.com
(904) 285-8831

Susan Griffin
Publisher
susan@opcfla.com
(904) 686-3938

Christine Rodenbaugh
Editor
chris@opcfla.com
(904) 686-3939

Paris Moulden
Page Designer/Reporter
paris@opcfla.com
(904) 285-8831, ext. 3943

Amber Lake
Reporter
amber@opcfla.com
(904) 285-8831, ext. 3945

Daniela Toporek
Reporter
daniela@opcfla.com
(904) 285-8831, ext. 3941

Ed Johnson
Senior Account Executive
ed@opcfla.com
(904) 285-8831, ext. 3940

Kristin Flanagan
Account Executive
kristin@opcfla.com
(904) 285-8831, ext. 3950

Alice Steele
Account Executive
alice@opcfla.com
(904) 285-8831, ext. 3948

April Snyder
Sales Assistant
aprils@opcfla.com
(904) 285-8831, ext. 3937

Bob Bueno
Circulation Manager
bbueno@opcfla.com
904-463-0962

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Send us your news

We welcome submissions of photos, stories, columns and letters to the editor. Let us know what's happening. Email submissions to pvrecorder@opcfla.com or bring them by our office at **1102 A1A N., Unit 108, Ponte Vedra Beach**. Submissions may be published in the paper, on our website or on our social media platforms.

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Also, check out the **Ponte Vedra Recorder** channel on YouTube.

WHAT'S THIS?



Do you know what this is?

Email answer to pvrecorder@opcfla.com by Monday at 5 p.m.

All correct entries will be entered into a random drawing to win tickets for two adults and two children to the Jacksonville Zoo. In order to allow as many families as possible to win, participants are only eligible to win a ticket prize pack once every four months.

Three readers correctly identified last week's photo as the sign for Oceanside Cleaners. The winner of the random draw was **Ellie Gimbel**. Congratulations, Ellie — you may pick up your prize at the Recorder office during normal business hours.



ADOPT A PET



CAT OF THE WEEK

Alba was brought to the Pet Center as a stray. She is a 2-year-old female domestic short hair. She is very loving and sweet, and just wants to curl up in your lap. Come see Alba today at the Pet Center. #51288



DOG OF THE WEEK

Lizzie was brought to the Pet Center as a stray. This beautiful girl is a spayed, 3-year-old lab mix. She is house-trained, great on a leash, good with other dogs and very lovable. Also, she is low heartworm positive so her adoption

fee is waived at this time, but don't let that stop you from meeting this friendly little girl — she will steal your heart. Come see Lizzie today at the Pet Center. #51706

Any new pet being introduced to a new home will need time to adjust to its new environment. Please reinforce house training and behavioral training, and be mindful of interacting with other pets.

St. Johns County Pet Center

Cat adoptions are \$30 for males and \$40 for females. Dog adoptions are \$45 for males and \$60 for females. Adoption fees include microchipping, neutering/spaying, rabies vaccinations and shots. The Pet Center is located at 130 N. Stratton Road in St. Augustine, off U.S. 1 between County Road 210 and International Golf Parkway. Business hours are Tuesday through Friday 9 a.m. to 4:30 p.m. and Saturday 9 a.m. to 4 p.m. The center is closed to the public on Sunday. On Monday, the office is open by appointment only to claim a lost pet. **For more information, please call the St. Johns County Pet Center at (904) 209-6190.**

PUZZLE SOLUTIONS

S	H	A	L	L	U	S	E	B	E	A	D	
H	E	L	L	O	N	A	M	T	E	T	R	A
E	L	B	O	W	T	W	O	H	E	A	T	H
P	S	Y	C	H	O	T	H	E	F	L	Y	
D	U	O	T	E	E	M						
J	E	T	T	R	O	W	N	E	I	G	H	
A	X	E	S	A	M	O	S	D	O	L	E	D
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S	T	O	M	A	N	E	A	T	A	D	E	N
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G	E	T	O	U	T	C	A	R	R	I	E	
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U	N	A	R	Y	A	W	N	E	Z	I	N	E
M	E	N	S	P	E	T	R	E	S	A	W	

5	7	1	6	4	2	9	3	8				
6	4	2	9	8	3	5	1	7				
3	8	9	7	5	1	2	6	4				
9	6	3	4	2	8	7	5	1				
8	1	7	5	3	9	6	4	2				
2	5	4	1	6	7	8	9	3				
1	3	5	8	7	6	4	2	9				
7	2	6	3	9	4	1	8	5				
4	9	8	2	1	5	3	7	6				

Solutions correspond to last week's puzzles.

Summoning *all* Trick-or-Treaters



SPOOKTACULAR

October 11-13, 17-20, 25-27, 30-31
6:30-10:00 p.m. (gates close at 9 p.m.)



TICKETS ONLY ONLINE
spooktacular.jacksonvillezoo.org



A Sophisticated and Luxurious Retreat on Ponte Vedra Blvd
 Ponte Vedra Beach/ Oceanfront
 This impressive oceanfront home reflects that magical merging of beach living and architecture. Situated on 220ft of Oceanfront this estate is a masterpiece of design and allows owners the ultimate beach living experience.
4 bedrooms, 5 and 3 1/2 bathrooms \$7,995,000



Atlantic Beach Bungalow
 Ideally located in the heart of Atlantic Beach and situated on an expansive 65x150 lot this classic beach bungalow has all the charm and updates you could want and is within walking distance to everything.
3 bedrooms, 2 baths \$765,000



Steps Away from Ponte Vedra Beach
 Located in the heart of Ponte Vedra Beach, the Carlyle is your opportunity to experience resort-style beach living. This immaculately maintained 2 bedroom and 2.5 bath condo is in one of Ponte Vedra's finest condo buildings
2 bedrooms, 2 baths \$660,000



Waterfront Retreat
 Located on a freshwater lagoon this home offers the best of both indoor and outdoor living. Designed for entertaining and enjoying the Florida weather, the backyard features a summer kitchen, two fire pits, and pool.
5 bedrooms, 4.5 baths \$1,175,000

Cheers to 50 Years!

Ponte Vedra Recorder icon a blast from the past

By Maggie FitzRoy

Going through Ponte Vedra Recorder archives is like taking a time machine back into the past. Who remembers this art from 1982?

The Ponte Vedra Recorder was first published in 1969, and your community paper wants to celebrate its 50th birthday with you. Send us your stories, photos or memories from that year in our Northeast Florida paradise. What did the area look like back then? Where did you go to

school? Where did you shop? Where did you go out to eat? Which beach did you head to for a swim in the sea?

If you were lucky enough to live here in 1969, what chapter of life were you in? Send us school photos, wedding pictures, grinning -little-kid-on-the-beach pictures. Tell us what sports activities you were involved in, where you hung out, what type of clothes you wore, and where.

CHEERS continues on Page 4



Elizabeth Hudgins, REALTOR®
 904.553.2032 cell
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\$468,000 | MLS 956096
 Jim Zeller | 904.772.5592
 JimZeller@WatsonRealtyCorp.com



SAWGRASS PLAYERS CLUB

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 Murray & Elise Beard | 904.465.2784
 MurrayBeard@WatsonRealtyCorp.com



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 Kay Kennedy | 904.631.4184
 KayKennedy@WatsonRealtyCorp.com



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\$849,900 | MLS 1008668
 Missy DeKay | 904.613.2445



VILLARIVA

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 Karen Deloach | 904.333.3954
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Chris Strickland runs for St. Johns County Sheriff

Chris Strickland announced his candidacy for the office of St. Johns County Sheriff earlier in the year after he learned Sheriff David Shoar would not be running for re-election.

Strickland has been a law enforcement officer all his professional life. His career started at age 19 at the St. Johns County Sheriff's Office where he worked for over 25 years serving residents and their families. He retired in 2016 as the Director of the Office of Sheriff.

"All my career, I have had a goal of leading the St. Johns County Sheriff's Office in the capacity of Sheriff and have worked to earn the qualifications necessary for this position," Strickland said. "With the approaching retirement of current Sheriff, David Shoar, I have filed to run for the office of Sheriff in St. Johns County.

During my career, I have put the folks in this county first when it comes to the



Chris Strickland

safety of our families and property. Nothing about that is going to change. I have raised my family here and this has been my home for over 40 years. I have watched this county grow tremendously and have had the experience of watching three sheriffs lead the growth of the sheriff's office as it grew with the county's population."

Strickland was hired as a deputy sheriff for St. Johns County by Sheriff Neil Perry. He had served as a member of the Sheriff's Explorer program since age 14. Strickland graduated from St. Augustine High School and went on to graduate from Flagler College with a bachelor's degree in Public Administration. He continued his education at Columbus State University in Columbus,

Georgia completing a master's degree in Public Administration, with a major in Justice Administration. He also attended and completed the Georgia Law Enforcement Command College, located in Columbus, Georgia. He was promoted to ranks of sergeant, lieutenant, commander and finally director of the office of sheriff.

"There are many challenges facing law enforcement and our country today," Strickland said. "It is extremely important that our sheriff is in tune with all aspects of law enforcement, as it relates to what has happened in the past, what's happening at present and what we face in the future. As a resident of this county, you have a right to ensure you, your family and property are all protected. Being part of a community that works and lives cohesively with their law enforcement is the best way to ensure a culture of mutual respect and compassion toward one another.

"We can make this county an example to follow for all the counties in this state and country for that matter. But we must do it together and if you care about building that culture as much as I do, we can do it," Strickland said.

Changing administrations in a position as critical as sheriff is a big concern for everyone he said.

"That is why experience in this position is critical. The position of Sheriff should be regarded as one which you can look to for answers when things go wrong. It holds a tremendous amount of responsibility and can work for you to restore order and normalcy when life takes unfamiliar turns," Strickland said. "Please know, I have made a career of protecting our families here in St. Johns County and with your help, I will continue to do just that."

Visit strickland4sheriff.com for more information.

Rob Hardwick announces run for SJC Sheriff

St. Augustine Beach Police Chief Rob Hardwick recently announced his candidacy for St. Johns County Sheriff.

"After months of consideration and with the support of my family, I am excited to formally announce my candidacy for St. Johns County Sheriff," Chief Hardwick said. "I am ready to work for the families of St. Johns County and continue my service to our communities to ensure it's the safest place to live, work, play and visit. I look forward to talking with St. Johns County residents about public safety issues that matter most to them."

Since 2013, Hardwick has led the agency to protect and serve the citizens of



Rob Hardwick

St. Augustine Beach as their police chief. Prior to this, he served in the 7th Judicial Circuit State Attorney's Office, the St. Augustine Police Department, the Flagler County Sheriff's Office and the Florida Department of

Corrections. His law enforcement career spans 26 years. In addition to his law enforcement career, Chief Hardwick is a U.S. Army and Florida Army National Guard veteran. He served his country in multiple

deployments to the Middle East. His deployments include as far back as Operation Desert Storm in 1990 with the 82nd Airborne Division and as recent as Operation Iraqi Freedom in 2003 and 2004 with the 53rd Infantry Brigade supporting the 5th Special Forces Group. His most recent assignment in the Florida Army National Guard was as a Senior Non-Commissioned Officer Instructor at the Camp Blanding Regional Training Institute's Officer Candidate School. In 2018, after 25 years of active and national guard service, Chief Hardwick honorably retired.

Chief Hardwick is very active in the community. He was appointed in 2016

by Governor Rick Scott to serve on the Criminal Justice and Standards Training Commission. He also serves on several boards, including the St. Johns County Sheriff's Office Police Athletic League, the St. Johns County School's Academy of Law & Homeland Security, and the School Advisory Board for St. Joseph Academy Catholic High School. Finally, he continues to volunteer as a local youth coach.

Chief Rob Hardwick has been married to Kendell for 28 years, and they have two adult sons. They worship at St. John Paul II Catholic Church.

For more information, visit votehardwick.com and on social media.

St. Johns County Property Appraiser Eddie Creamer files for re-election

St. Johns County Property Appraiser Eddie Creamer recently filed for re-election to his current post.

"Four years ago, I ran on a platform of using my private-sector business experience to help modernize our property appraiser's office, streamline government bureaucracy, improve customer service, and find cost-savings to provide efficient and effective government," Creamer said. "We're three years into that mission and getting great results.

"We've reduced the number of vehicle assets and cut operating costs by double-digits using cost-saving measures that improve productivity and property owners' experience," he added. "We've updated our technology platform at no extra cost to taxpayers and we've improved accessibility



Eddie Creamer

for residents seeking homestead exemptions resulting in nearly 60% of exemptions being filed online. As our campaign sets out for another four years, the mission remains the same – deliver a superior customer service experience while at the same time saving taxpayers' dollars and making government more efficient and effective. I'm excited about sharing our success story and look forward to the coming campaign."

Before taking on the position as St. Johns County Property Appraiser, Creamer retired as Regional President of Ameris Bank and was formerly CEO of Prosperity Bank. Creamer and his wife, Julie, have made St. Johns County their home for the last 19 years. They have two adult sons, John and Daniel.



Cheers

Continued from 3

For lifelong residents, what changes through the years strike you as the most notable? What has changed for the better? What was better back then?

For newcomers, tell us why you now call this area home. Because the memories you are making today will be interesting to people in the future.

Email your photos and memories to maggie@opcfla.com with "Cheers to 50 years" in the subject line. Thank you!

Lend An Ear Outreach, PVB Rotary Club to provide free hearing aids

Thanks to grants received from the Ponte Vedra Beach Rotary Club and Rotary District 6970, Lend An Ear Outreach will be able to provide First Coast residents in need with free new hearing aids. To identify and select recipients, Lend An Ear will identify eligible recipients at screenings in Hastings Oct. 24 and 25.

“We decided to host the screenings in Hastings because we identified a particular need in that area for our services,” Lend An Ear Executive Director Scott Hetzinger said. “Thanks to the generosity of the Rotary Club, we will be able to provide 40 people with brand new hearing aids.”

The grants will allow them to be purchased at significantly reduced prices through the Starkey Hearing Foundation’s Hear Now program.

“Typically, new hearing aids cost around \$3,000,” Hetzinger said. “So,

through this outreach program, we hope to provide \$120,000 in free hearing aids to local residents in need.”

To qualify to receive the hearing aids, residents must meet certain income guidelines and be screened by an audiologist. Hearing screenings will take place from 8:30 a.m. to 5 p.m. Thursday, Oct. 24 at the Hastings branch of the St. Johns County Library, 6195 S. Main St. A second screening event will be held from 8:30 a.m. to 5 p.m. Friday, Oct. 25 at the W.E. Harris Community Center, 400 East Harris St.

Those who qualify will complete an application and return in December, when they will be professionally fitted. They will also receive a cleaning kit, instructions on the proper use and care of their hearing aids and a year’s supply of free batteries.

Hetzinger said those who do not qualify for the new hearing aids may be able to re-



Lend An Ear Outreach and the Rotary Club of Ponte Vedra Beach are joining forces to provide free hearing aids to local residents in need. From left: Lend An Ear volunteer Walle Waters, Rotary Club President Vickie Cavey, Lend An Ear President and Rotarian Bruce Jones, and Lend An Ear Executive Director Scott Hetzinger.

ceive a refurbished one from Lend An Ear.

Ponte Vedra Beach Rotary Club President Vickie Cavey credited Rotarian Bruce Jones – head of the Vicar’s Landing continuing care community and president of Lend An Ear – with alerting the club to the need for hearing aids in the community. “The theme of Rotary International this year is ‘Rotary Connects the World’ – and

hearing loss can be so isolating,” Cavey said. “By funding this program, we hope to help those with hearing disabilities connect to the wider world.”

For more information on the Hastings hearing screenings, contact Scott Hetzinger at (904) 241-HEAR (4327), information@lendanearoutreach.org or visit www.lendanearoutreach.org.



PV ROTARY CLUB FILLS BACKPACKS FOR LOCAL CHILDREN

Members of Ponte Vedra Rotary Club fill backpacks at its Sept. 24 meeting for local schools.

Photos courtesy of Ponte Vedra Rotary Club



Photo provided by HUGS Across the County

HUGS Across the County is an all-volunteer nonprofit that provides basic necessities to St. Johns County children-in-need.

HUGS Across the County celebrates month of ‘Socktober’

HUGS Across the County is currently looking for very much-needed donations of new socks and new undies that will go directly into the Clothing Care Packages for students referred by school counselors.

The nonprofit is looking to include a week’s worth of new socks and new undies in each bag. Please drop K-12th grade sizes of undies, and popular “no-show” socks at Ponte Vedra High and Creekside High during the month of October.

HUGS Across the County is an all-volunteer nonprofit that provides basic necessities to St. Johns County children-in-need.

For information about HUGS and their efforts to provide clothing, food and more to local children-in-need, visit www.stjohnshugs.org

Those who wish to donate can also order from the Amazon Wish List at bit.ly/socktober2019.

Victoria Long is Director of Community Programming & Partnerships at Flagler Health+. Volunteering led her to a career in the nonprofit sector, and she loves making a difference in people's lives.

Victoria Long

What can you share about your background?

I am originally from North East, Maryland and I have lived in St. Augustine for 4 years. I graduated from Elon University and I am currently working on my Master's in Data Analytics at University of Alabama.

What attracts you to the nonprofit sector?

I have been involved with nonprofit work either as a volunteer or as an employee for about 12 years, and at the end of the day it is the satisfaction of knowing that your work is making a difference in people's lives. Volunteering introduced me to working in the nonprofit sector. About 7 years ago, I volunteered through United Way of Central Florida, as a Reading Pal. I worked with kindergarten students on reading skills on a weekly basis. It was a rewarding experience to see the children grow in their love of reading and to help them build skills that helped them succeed in school. I loved the experience and it led me to get more involved with United Way and I eventually came on board to work there. When I moved to St. Augustine, I joined the team at United Way of St Johns County as the Director of Resource Development. I was blown away by the level of involvement in the community when I moved here. It was refreshing to see how generous the people in this community are. They give so much of themselves in time, talent and treasure.

How long have you been with St. Johns Volunteers?

I am currently the Director of Community Programming & Partnerships at Flagler Health+. My responsibilities include developing partnerships to advance the physical, social and economic health of the communities we serve. I oversee programming for Flagler Health+ Care Connect, St. Johns Volunteers! and our Flagler Health+ Auxiliary. I started as the Program Director for SJV in February and took on my most recent role in July this year.

Tell readers about an upcoming initiative on the St. Johns Volunteers agenda.

Volunteerism plays a very important role in the health of our community. From the more than 250 volunteers that serve on our Auxiliary team across the hospital, to our Health Advisory Councils that help us to identify and meet the needs for our new Health Villages, to the over 1,500 people that have signed up through our St Johns Volunteers website, volunteers are



Photo courtesy of Victoria Long

changing the landscape of our community every day. This year we are working with the school district to match students with volunteer opportunities and to help them track their time effectively. We plan to host a volunteer expo next spring to bring even more attention to the multiple ways our community can get involved and make a difference.

Have volunteers shared what drives them to step up and serve?

What I hear from so many volunteers, time and time again, is that they start volunteering because they want to give back to others who are less fortunate, but what keeps them coming back is that they

feel like they get so much more out of the experience and they are the ones who are blessed by the time invested.

Do you have a motto or philosophy?

My motto is: Do your part to leave the world better than you found it.

What do you enjoy most about living on the First Coast?

Our year-round access to so many natural resources. My family loves to take advantage of our beautiful weather, beaches and parks. And of course, the amazing local restaurants. Some of my favorites are Preserved, Michael's Tasting Room and the Floridian.

Would you like to tell us about your family?

My husband, Jonathan and I have a son, Jackson, who is a year-and-a-half, and we are expecting a little girl, Harper, in December. I feel blessed to raise a family here with our amazing schools and resources.

What do you like to do outside of work?

When I can get away, you'll find me at the beach or playing tourist. Some of our favorite sites to frequent are the St. Augustine Aquarium and the Alligator Farm because we like to find ways to share our love of nature with our son.

Edited by Maggie FitzRoy

Down Syndrome Association of Jacksonville to host 17th annual Buddy Walk Oct. 19

The Down Syndrome Association of Jacksonville (DSAJ) will host its 17th annual Buddy Walk on Saturday, Oct. 19, at the Seawalk Pavilion in Jacksonville Beach. Event proceeds will support DSAJ's programs, all of which are designed to enhance the lives of children, teens and adults with Down syndrome in Jacksonville and surrounding communities.

Day-of registration opens at 9 a.m. with the 1-mile walk starting at 10:30 a.m. on the beach. In addition to the walk, attendees can enjoy family-friendly festival activities, including inflatable jumps, carnival rides, music, face painting and more.

The Buddy Walk is a nationwide event created to celebrate individuals with Down syndrome and to ensure they are given the opportunity to become valued members of our community. Last year, more than \$12.1 million was raised worldwide by 305,000 participants.

DSAJ Executive Director Debbie Revels said her organization is aiming to raise \$255,000 at this year's walk and would like to increase participation to 3,500 walkers.

"This event has a special place in my heart," she said. "Not only are we raising money for the critical programs oper-

ated by DSAJ, but we're out there truly celebrating our loved ones with Down syndrome who deserve to be accepted, included and appreciated for their unique abilities."

The Buddy Walk will take place from

9 a.m. to 2 p.m. at the Seawalk Pavilion at 75 1st St. N., Jacksonville Beach. The cost is \$20 per person. Walk-up registration permitted, but T-shirt not guaranteed. For more information and to register, visit DSAJ.org or call (904) 353-6300.



Photo courtesy of Down Syndrome Association of Jacksonville

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Ponte Vedra teen awarded for 'repairing the world'

By Daniela Toporek

In May, Ponte Vedra High School's 2019 valedictorian, Grace Freedman, gave a speech about the power of youth, a subject close to her heart.

"America's youth has proven time and time again that it has the power to wield an enormous impact via our collective voice and remarkable actions," she said. "Whichever issue you deem important, it's incumbent upon all of us to leave the world in a better shape... For if we do so, we will be remembered as a class, and by extension, a generation of action and hope."

Freedman personally experienced the extent to which teens can make a difference. And in August, she learned that she had received the Helen Diller Family Foundation Diller Teen Tikkun Olam Award. Granted in recognition of her outstanding work in leadership and service to her community, it also included \$36,000 toward her tuition at Yale University.

"Their foundation believes in supporting Jewish teen leadership because they know that by supporting us today, that mobilizes us to become better activists and leaders for the future," Freedman said, explaining that the award is inspired from the Jewish precept, "Tikkun Olam,"



2019 Diller Teen Tikkun Olam Award recipient, Grace Freedman (center), poses with Awards Chairs, Adele Corvin (left) and California Co-Chair, Susan Osher Epstein.

Photo by Christopher Shaw

or "repairing the world."

Freedman cofounded JaxTHRIVE, a nonprofit organization based in Jacksonville, that provides mentoring and educational assistance to refugee children in the area.

"Every Saturday, we mentor refugee youth in math, reading and English and after, we have lunch with them and do

STEM projects or go outside," Freedman said. "The main focus is helping refugees acclimate to the education system in the U.S. and giving them support through the volunteers and each other with the friendships made."

She said she was inspired to create JaxTHRIVE after she volunteered for an international resettlement organiza-

tion called World Relief, which received federal budget cuts after the 2016 election, forcing it to shut down some of its programs.

"I felt that I couldn't just abandon the kids that I formed such close bonds with," Freedman said. "So, I decided to take initiative and cofound JaxTHRIVE with Chase Magnano, who's currently a senior at Ponte Vedra High School."

Initially, the cofounders struggled with the organization, both financially and with finding dedicated volunteers. But the Ponte Vedra Beach and Jacksonville communities rallied to help. Support for the endeavor led to more than 100 volunteers tutoring on a rotating basis.

The Bolles School recently formed a JaxTHRIVE chapter, and Freedman is planning to create another chapter in New Haven, Connecticut, while studying at Yale.

She also wants to change the name of the organization from "JaxTHRIVE" to "THRIVE" and expand it on a national level. In order to do that she is seeking more volunteers and financial donations. "Because we live in a very privileged area, we often don't think that certain issues would be present in our area," she said. "But really, there's a large population of refugees in the Jacksonville community and there is a need to help."

Children's Home Society of Florida to host 36th annual Caring Chefs event

By Amber Lake

Supporting a great cause can sometimes be as easy as sampling some of Jacksonville's best culinary creations. That is, if you're attending the annual Children's Home Society of Florida's Caring Chefs event.

Now in its 36th year, Caring Chefs will take place Sunday, Oct. 20, from 7:30 to 9 p.m. at the Avenues Mall.

The event will be throughout the mall, with different chefs from around Jacksonville volunteering their time to serve up a diverse menu of everything the city has to offer.

"There are so many great and unique restaurants that are all over the city and I know that sometimes depending on where you're located you don't necessarily get out to certain areas and try certain restaurants," said Samantha D'Agostino, special events manager of Children's Home Society of Florida. "I would really love this event because you get a chance to experience some places that maybe you always wanted to try but have never had the opportunity."

In addition to trying new foods, guests

can enjoy wine, craft beer and live entertainment.

The Caring Chefs event draws over 2,000 guests from around the region.

"This event is definitely deep rooted in our city's history," D'Agostino said. "It's growing and it's getting bigger than ever."

This year, unlike past years, Caring Chefs will also host a VIP Pre-Party for an "exclusive look at the event." The Pre-Party will include early admission and also a designated VIP area with food, beverages and live entertainment.

At the heart of the Caring Chefs, however, is the Children's Home Society of Florida, which receives about 90% of sponsorship dollars from the event. The nonprofit serves more than 10,000 children and families in Northeast Florida, which includes services like counseling, adoption, fostering and child welfare programs.

"CHS was founded in 1902, we are celebrating 115 years of being a leader in serving kids and families," D'Agostino said. "It's events like these that really help us to continue to help support our local families and the programs we offer them."



ABOVE: Sawgrass Events' Anna Washington, Carol Maurer and Waine Banyas from Sawgrass Events serve dishes at last year's Caring Chefs.



LEFT: The Jacksonville Golf & Country Club booth serves guests during last year's event.

Photos by Susan Griffin

KIDS SAY

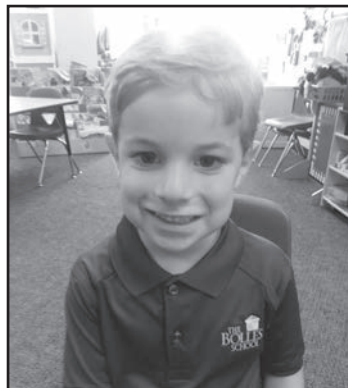
In this new feature of the Ponte Vedra Recorder, "Kids Say," area children offer their answers for some pressing questions. This week, Pre-K students at **Bolles Lower School** in Ponte Vedra Beach answered this:

How do you make a sandwich?



"Put jelly and peanut butter on bread. And bread on top then eat it all up!"

Hudson



"Put tomato, pickles and lettuce on it. Eat it."

Charlie



"Put jelly in it with bread and eat it!"

Reyna



"Take one side bread, put peanut butter and jelly inside with strawberry jelly."

Sutton



"Get two breads, put peanut butter and jelly and smash it together."

Grace

Sponsorship opportunities for this special feature are available. Call Alice Steele at (904) 285-8831, ext. 3948 or email alice@opcfla.com for more information.

WHY I SERVE

Featuring Wounded Warrior Project

Tony Mediate

In this edition of *Why I Serve*, featuring Wounded Warrior Project, the Recorder sat down with St. Augustine resident Tony Mediate, an Army veteran who served in Vietnam as Armament Officer, Helicopter Gunship Aircraft Commander. He served in the National Guard Reserve from 1974 to 1991. Mediate retired from a career as a mining engineer and now focuses his attention on God and family.

When did you enter the service?

I first went into the service in 1968. I was in the service for 23 years until 1991. I entered the service when I flunked out of college and, at the time, helicopters were very big on the list. If you're 18 years old and some guy tells you, "Hey, how would you like to fly helicopters," I thought that was pretty crazy. I went in and took a few tests and they said, "You can be a helicopter pilot."

Where did you serve?

Part of my group was sent to Fort Bragg, North Carolina. We trained with the Special Forces. I guess they thought it would prepare us better for Vietnam. Twenty years old and I went to Vietnam. I was there for one year and one day.



What did you do after leaving Vietnam?

I continued in the reserve program then my civilian job as a mining engineer for 20 years and then from there I moved into the engineering field and into energy. When we retired, we looked at Savannah, Georgia, we came to St. Augustine and we really liked it here. I stay busy with the grandkids, the church and a nonprofit.

To watch the entire video interview, visit pontevedrarecorder.com and click *Why I Serve*.

A special series featuring



www.woundedwarriorproject.org



The Rev. Rick Westbury, former rector of Christ Episcopal Church, unveils a new portrait of him that will be displayed in a place of honor at the church. At the celebration Sept. 26, the parish hall was also re-named in his honor as Westbury Hall and the new sign on the outside of the building was unveiled.

Photos by Maggie FitzRoy

Christ Episcopal Church honors retired rector



By Maggie FitzRoy

Christ Episcopal Church parishioners and staff gathered Sept. 26 to celebrate the naming of the parish hall in honor of The Rev. Rick Westbury, longtime rector who retired last spring.

After a wine and hors d'oeuvres reception, Westbury unveiled a new portrait of him that will be displayed in a place of honor at the church. Following that, everyone went outside to witness the unveiling of the name above the entrance as Westbury Hall, honoring Westbury and his family.

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Beaches Oktoberfest set for this weekend in Jacksonville Beach

Beaches Oktoberfest, Florida's largest Oktoberfest that attracts thousands, is scheduled to take place at the Jacksonville Beach Seawalk Pavilion Saturday and Sunday, Oct. 12-13.

Headliners this year will include The Expendables, The Hip Abduction, Honey Hounds, SWIMM, The Supervillains, Flipturn, as well as 30 additional bands and musicians. New attractions this year include a large Ferris wheel, 120-foot adult megaslide and two-story funhouse, 20 food trucks, 40 different beers, a

large kid-zone and more. In addition, Saturday's activities will include a stein-hoisting contest and on Sunday, a beach clean-up, dog costume contest, cornhole tournament and bratwurst eating contest will take place.

The festival is free to attend but for the full experience, a VIP Pass is recommended. VIP passes vary in cost and include access to air-conditioned restrooms, preferred concert seating, private

OKTOBERFEST continues on Page 11



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www.MillenniumPhysician.com



Photo courtesy of Beaches Oktoberfest

Oktoberfest

Continued from 10

bars with TV's showing football games, and more.

The festival, in its sixth year, is a fund-

raiser for multiple local charities, including the Women's Army Core Veterans Association, Fur sisters, Operation Barnabas, The Jacksonville Jaycees, Jacksonville Women's Rugby Club, and the Wagoner Foundation.

For tickets and more information, visit BeachesOktoberfest.com.

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Sister Hazel to headline NOCtoberfest

By Christine Rodenbaugh

The Gainesville band Sister Hazel drifts effortlessly along the edge of Southern rock and country to the delight of loyal fans known as “Hazelnuts.” The five talented musicians cemented their place in musical history with “All for You” topping the adult alternative charts in 1997. The album went platinum.

To get up close and personal, plan to attend NOCtoberfest from 8:30 p.m. to 10 p.m. Oct. 26 at Nocatee Station Field near the Splash Park. Four back-to-back Billboard Top Country Albums Chart entries shift the band to a new, or maybe just expanded, audience. The most recent project is a series entitled “Elements” that was released Sept. 6. “Good for You” is the first single.

The Recorder caught up with Sister Hazel drummer, Mark Trojanowski, who answered some questions about the band.



Photo by Dave Schlenker

Country band Sister Hazel will perform at NOCtoberfest on Oct. 26 at Nocatee Station Field.

How did you guys meet and decide to form a band?

In 1993 Ken Block was looking to put together an original music project. He was already in other bands and playing a duo gig with Drew Copeland. Ken put up a flyer looking to form a new original project. Jett Beres, our bass player, was the first to respond to the flyer and for the first year there was another drummer and guitar player in the band. I joined the band in the summer of 1995 to fill the drum slot and Ryan Newell came on in January of 1996. Since January of 1996, it has been the same five guys in the band.

“Hazelnuts” know the origin of your band name but tell the rest of our readers why you’re called Sister Hazel.

I was not around when the naming of the band happened, but I would imagine

there were a multitude of names being discussed. When Ken was thinking of naming the band after Sister Hazel Williams, he did not know she was still alive. In the early 1990s she was not present in Gainesville, as she was running missions in Belize and Haiti. It wasn’t until she came back to Gainesville that she learned a band had taken her name. She reached out to Ken one early Sunday morning on the phone and they set up a meeting at a Shoney’s. Sister Hazel Williams was okay with the band using her name after sitting down and talking with Ken, who described the types of songs he had written and that the band was promoting a very positive, uplifting experience.

Can you recall your first “real” gig as a band?

One of my first shows with the band

was the Floyd’s Music store in Tallahassee. I had just joined the band in the summer of 1995 and our bass player had just left for Europe. So, I had to wait about two months before playing my first show.

I have been playing drums since I was 10 years old. During my early years of instruction and through my college music experience I was put under many high-pressure musical experiences. All of that training and practicing helps to create confidence and a feeling of calmness.

Only two of you still call Gainesville, Florida home. How does that work with your schedules recording and touring?

When we need to rehearse, write songs or record we will get together either in Nashville, Gainesville or Atlanta. We still spend over 80 days a year playing shows so we are also able to use the time on the

road to work on things if we need extra days.

What music did you listen to growing up and why?

I listened to a lot of jazz music growing up. From Count Basie to Miles Davis, I just listened to it all. I think the biggest way it shaped me was how well those jazz players were able to play each night. They had such an extensive vocabulary and were always listening to the music around them. They also had an amazing sense of time.

How has your music changed since “All for You”?

I actually think our current sound is very close to the Somewhere More Familiar record. We have always had piano, organ and other keyboard parts on our records since Somewhere More Familiar. We just never took out a keyboard player on the road. A while back we met Dave LaGrande and had the ability to bring him on as a side musician with the band. We enjoyed having that other instrumentation live and he has stayed out with us for seven years. I think if you compare the sound of the new “Element” records to Somewhere More Familiar you will hear a lot of the same instrumentation. There are a lot of acoustic instruments on these new records and not a lot of layering of instruments. I think the sounds on Fortress, Chasing Daylight and Absolutely are very different than the new records and Somewhere More Familiar.

Tell us about your new music on EP, Earth. Do you play any of the songs from it live currently?

We are trying to play one song from each record live. It gets hard some nights

NOCTOBERFEST continues on **Page 13**

New K-8 school to be located south of Crosswater neighborhoods

Contributed by the Parc Group

St. Johns County School District has announced that the newest K-8 school will be located south of the Crosswater neighborhoods. The new school, K-8 School “MM,” will be located on approximately 25 acres at the intersection of Crosswater Parkway and Pine Island Road.

K-8 School “MM” will accommodate approximately 1,500 students. It has been designed to provide both traditional and nontraditional settings with classroom areas that can accommodate groupings by grade or as multi-age students using teaching teams. Movable walls between classroom pairs facilitate the team teaching approach. Common area with computer labs and kitchen areas allow for flexibility of instructional methods and group learning activities. This school’s

spaces include 32 primary classrooms; 22 intermediate classrooms; six science labs; resources rooms; skills labs; exceptional education spaces; art rooms; music rooms; physical education spaces; vocational education labs; a media center and support spaces; an administrative suite; food service and dining facilities; stage; multipurpose room; student and public restrooms; and custodial spaces.

This new school is the fourth school site donated by Nocatee’s developer to the St. Johns County School District. Palm Valley Academy opened for the 2018-2019 school year, Valley Ridge Academy opened its doors in 2014 and Ponte Vedra High School opened in 2008 — all on land donated to the District by the developer.

“Education is an important cornerstone of the Nocatee lifestyle,” said Greg Bar-



Photo courtesy of the Parc Group

bour, chief operating officer of The PARC Group. “This new school reinforces that the Nocatee lifestyle incorporates all of its residents’ needs, from education to health, wellness, recreation, employment, and more.”

The PARC Group is expediting con-

struction of the Crosswater Parkway extension to provide access to the school site for Nocatee residents. The St. Johns County School District anticipates opening for the 2021-2022 school year.

Zoning of students will be determined by the School District at a later date.

NOctoberfest

Continued from 12

because there are so many records and certain songs we feel obligated to play for the fans.

That wraps up the “Element” series, so what’s next for you?

I think we are still trying to figure that out. We just released the final EP so we will be thinking about what is next shortly.

What can we expect at the Nocatee “NOctoberfest” concert Oct. 26?

A fun live show where we will try to connect with the fans. We try to play a mixture of songs and sometimes will throw in a cover.

What’s the inspiration behind the philanthropic effort, Lyrics for Life?

I think we have all been affected by cancer in some way. Ken Block lost his younger brother when he was 13 to cancer. I think when our band developed the opportunity to make a difference, we wanted to do something to raise money for cancer as well as help kids and families through the rough times of the treatment. We have been doing Lyrics for Life shows since 2002 and it has been great that we started doing them in Gainesville the last three years. There has been a lot of community support and the charity has been able to raise a lot of money.

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9th annual Oceanwise celebrates GTM Reserve

By Christine Rodenbaugh

As the sun slipped below the horizon behind the Guana River on Sept. 28, Friends of the GTM Reserve and other supporters gathered for the ninth annual Oceanwise fundraiser to celebrate GTM's 20 years designated as a National Estuarine Research Reserve. The Friends of GTM Reserve is the nonprofit local citizen organization that provides support to the GTM and Guana Tolomato Matanzas National Estuarine Research Reserve.

"On August 19, 1999, GTM Research Reserve was designated the 24th National Estuarine Research Reserve," said Ellen Leroy-Reed, executive director of Friends of the GTM Reserve. "As the citizen organization that supports the Reserve's education, research and stewardship programs, we are excited about celebrating this historic occasion as part of this year's fundraiser!"

The signature event featured area restaurants serving sustainable seafood and other locally-sourced dishes, a silent auction, estuary games, entertainment and a breathtaking view of the sun setting over the Guana River. Guests were treated to fine wine and beer sponsored by Bold City Brewery.

A silent auction kicked off the evening with popular items including weekend stay packages, spa days and artwork. For the third year, artist Shannon Dunnigan created custom artwork for Oceanwise. Her watercolor, "Oysters," was available as a limited edition, signed and framed giclee. Another popular auction item was a colorful sea turtle sculpture created by Ocean Soul Africa from recycled flip-flops. Later, guests engaged in the ever popular Heads or Tails game to win a custom quilt. An estimated \$47,000 was raised.



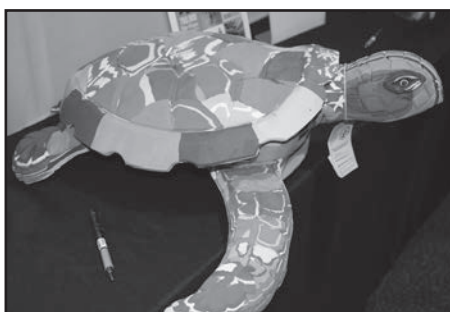
Louann and Ben Williams sampled hors d'oeuvres with Florida Representative Cyndi Stevenson and Henry Stevenson during the silent auction at Oceanwise.



Volunteer Liam made sure guests had an opportunity to purchase beads for the Heads or Tails game.



ABOVE: Richard and Sharon Goldman posed for a photo with Susan and Ross Stephenson.



A colorful sea turtle sculpture created by Ocean Soul Africa from recycled flip-flops was one of the silent auction items.



LEFT: Molly Alleger places a bid for the "Special Time with the Little One" silent auction item.

Photos by Christine Rodenbaugh

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OBITUARIES

Doris K. Blanford

Doris K. Blanford, 89, of Ponte Vedra, died Oct. 6, 2019. Arrangements by Quinn-Shalz Family Funeral Home & Cremation Centre.

Robert Byron Fuller

Robert Byron Fuller, USN (Ret), 91, of Jacksonville Beach, died Oct. 4, 2019. Arrangements by Quinn-Shalz Family Funeral Home & Cremation Centre.

Robert Theodore Harding

Robert Theodore Harding, 78, of Ponte Vedra Beach, died Oct. 4, 2019. Arrange-

ments by Quinn-Shalz Family Funeral Home & Cremation Centre.

Jacquelyn Brinkley Harrell

Jacquelyn Brinkley Harrell, 86, died Oct. 4, 2019. Ponte Vedra Valley Funeral Home, Cremation Center & Cemetery – (904) 285-1130 – www.pontevedravalle.com

Curtis Smith

Curtis Smith, 62, of Jacksonville, Florida, died Oct. 3, 2019. Arrangements by Quinn-Shalz Family Funeral Home, Jacksonville Beach, Florida.

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Financial Focus: Are women better investors than men?



Karsten Jacobson
Columnist

Most of us would probably agree that men and women frequently behave differently, and these differences often show up in professional, family and social situations. Of course, this certainly doesn't mean either gender has an advantage in these areas. However, here's an interesting question: Do women possess attributes that may make them better investors?

Some evidence suggests this may indeed be the case. Consider the following:

■ **Long-term focus:** Women seem to focus more on long-term goals, according to some studies, whereas men may concentrate more on short-term track records of potential investments. Generally speaking, taking a long-term approach to investing is a good strategy because it can help you maintain discipline and avoid subjecting yourself to the dangers of overreacting to market swings. One such danger: selling an investment whose price may have dropped but may

still have strong fundamentals and good prospects.

■ **Less frequent trading:** A well-known study University of California study found that men traded investments 45% more frequently than women. Other more recent studies have produced somewhat different results, but the overall picture does seem to show that women do significantly less buying and selling than men. This tendency is important because frequent trading can undercut a long-term, cohesive investment strategy. If you're constantly buying and selling, you won't give some investments a chance to achieve their full growth potential, possibly disrupting the diversification necessary for long-term success.

■ **More thoughtful decisions and more receptiveness to professional advice:** Women take more time to make investment decisions than men, and more readily accept investment recommendations from financial professionals, according to a survey from InvestmentNews. And women are more likely to consult a professional financial advisor in the first place, according to a study from the

JACOBSON continues on Page 17



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Jacobson

Continued from 16

Spectrem Group, a financial research firm. Given the number of factors involved in successful investing – setting long-term goals, evaluating risk tolerance, navigating volatile financial markets, diversifying investment portfolios, and so on – it’s important to get solid financial and investment advice from trained, experienced professionals.

■ **Greater risk aversion:** When it comes to savings and investing, women are generally more risk averse than men, according to a large-scale survey by BlackRock, a global investment management firm, and supported by numerous other surveys and studies. Having a greater risk aversion can help women investors reduce the likelihood of incurring short-term losses from highly volatile or speculative investments. Nonetheless, it’s not really possible to avoid all investment risk – and it’s probably not even desirable. In fact, there may well be a flip side to women’s risk avoidance, in that

an overly conservative portfolio won’t produce the growth potential needed to achieve long-term goals. And this indeed is a danger to which women investors should be alert. Generally speaking, neither excessive risk nor excessive caution will serve investors well.

A long-term perspective, avoidance of excess trading, willingness to take advice from professionals, and careful risk management – these characteristics of women investors can be of value to everyone. Consider putting them to work for yourself.

Karsten L. Jacobson, CFP, is a financial advisor for Edward Jones at 2208 Sawgrass Village Drive in Ponte Vedra Beach. For information, call (904) 285-9898.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

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Local media influencer hosts 'HiveCon'



Amy West poses at Sweet Pete's Candy before the first panel of HiveCon.



Media influencer and content creator, Bryana Dunn sips a complimentary cocktail as she waits for the next panel.



ABOVE: Brands and influencers united at downtown Jacksonville's Sweet Pete's Candy for "HiveCon," a workshop for content creators hosted by Amy West and the Hive Society, Sept. 29.

RIGHT: Maggie Miller (from left), Stephanie Baez, Haylie Avocato and Kat Collins pose for a group shot in Sweet Pete's "candy room."

Photos by Daniela Toporek



By Daniela Toporek

Amy West, founder of AmyWest-Travel.com, is a content creator, media influencer and CEO of the Hive Society, a new influential community of content creators from the First Coast and beyond. With a mission to raise the standard of influencer marketing through meet-ups, endorsed events and workshops, West, of Jacksonville Beach, hosted the society's first HiveCon Sept. 29, at Sweet Pete's Candy in downtown Jacksonville. At the event, participants spoke, networked and bonded during colorful photo shoots.

"We wanted it to be very intimate and information-based," West said. "So, even though it's called HiveCon, it's basically an extended workshop. Learning from the brands always is really insightful."

West hoped for at least 50 people to attend the event and she was pleased with the turnout. The welcoming reception overflowed with digital world influencers. After the reception, participants migrated to Sweet Pete's "Candy Room," where panelists spoke. Representatives from multiple local brands, including Curate & Co. and Visit Jacksonville, discussed the importance of Google analytics and online engagement. In addition, influencers Cecile Charlotin, from Cecile a la Mode; Kristin Coffey, from For the Love of Coffey; and Megan Killis and Vicky Lane, from Jacksonville Mom, explained their journeys to success, along with strategies they've used to succeed in the industry.

"This is a great event with all like-minded influencers together in the same room," said Bryana Dunn, an influencer known as her food-and-travel Instagram handle, @WebWithDunn. "HiveCon is really showing some insight and giving a lot of good tips. Hopefully, I'll be able to use them in the real world and my social media and make an impact."

Dunn said she had been looking forward to the brand panel, hoping for insights on collaboration. "They're the ones we market ourselves to, so we want to hear what they're looking for, how to pitch to them."

Smaller seminars took place in the "Chocolate Room," featuring Blythe Brumleve of Brumleve Brands, LLC.; YouTube Vlogger (video blogger) Valencia, from "Valencia's Life;" and Natasha Moody, founding member of the Hive Society and blogger of www.MoodyGirlinStyle.com.

Topics of discussion included the importance of building a website that is not a social media account, the basics of vlogging on YouTube and creating chic and unique photos for online fashionistas.

"Everything I've done has been all about people I've met, fostering those relationships and growing together," said West, who can be contacted for more information at www.thehivesociety.com.

The Sangria Truck, a 'refreshing' twist on a popular business model

By Amber Lake

A couple of years ago, Ponte Vedra Beach native Lauren Henry found herself with a degree in Marketing and Communications and an itch to get back to work after having her second child.

"I was finally past that 'having kids' phase and was like, 'I'm ready to go back to work,'" Henry said. "I need to go back to work but I really only bartended. I was one of those 10-year college graduates."

Realizing that a desk job was not in her future, Henry decided to take what she already knew and create something completely unique out of it. After months of painstaking trial and error and some serious DIY trailer revamping, Henry introduced the first-ever Sangria Truck.

"We are the only Sangria-based truck in the county," Henry said. "It was hard because we didn't have any examples" to serve as a model.

The Sangria Truck is a mobile bar that offers an innovative array of unique Sangria-inspired cocktails, from "Sweet Blackberry Red" to a "Sparkling Fig Sangria," all crafted and created by Henry. The truck mainly caters to wed-



Photos courtesy of Lauren Henry

Lauren Henry is a native of Ponte Vedra Beach and owner of the Sangria Truck.

dings, parties and corporate events, which she books, prices and bartends herself. When Henry does hire out, she always tries to keep the Sangria Truck as "locally sourced" as possible. The truck's logo and brand were designed by Ansley Randall,



In addition to sangria, the truck offers a variety of cocktails and beer options. The inside of the truck also doubles as a photo booth.

founder of Jax is Rad. Additionally, many of the drinks' ingredients are supplied by local, small businesses.

"Our whole premise about this business is community and experiences," Henry said. "I think that there is a lack of experience-based companies. I think the trend is coming but when people open these businesses, they think more is better. For us, it's a niche."

The Sangria Truck, which can be booked through the website thesangria-truck.com,

will be celebrating its first birthday Dec. 12. Henry said that through the whole experience of starting the truck, she has learned that Jacksonville is home to many women-owned and operated organizations and small businesses.

"There is something super exciting about niche companies", Henry said. "Especially ones that are owned by women. Jacksonville is up-and-coming, and not a lot of people know that there are so many powerful women in the city."

Trasca & Co. Eatery owners keep it local and give back

By Daniela Toporek

Trasca & Co. Eatery owners Karina Coryell and Sara Frasca have always focused on keeping their restaurant as personable, locally sustainable and organic as possible, not just with their ingredients, but with their interaction in the Ponte Vedra Beach community. Their vintage-inspired, neighborhood eatery in Sawgrass Village Shopping Center, which features The Panino as the heart of their menu, also focuses on supporting worthy community causes.

"As business partners, both Sara and I live in the Ponte Vedra community and as a company, we donate to many nonprofits, raising money to help others," Coryell said. Their mission: building a stronger community, partnering with other local businesses and donating to schools and their athletic programs, including Ocean Palms, Landrum Middle School, Ponte Vedra High School, Bolles Elementary, Nease High School and Palm Valley Academy. "We are passionate in supporting our local community schools and families," Coryell said.

They are also passionate about supporting local businesses and organizations.

In addition to Atlantic Beach Urban Farms, the sole supplier of the eatery's local greens, Trasca has also teamed up with Beaches Go Green, Christy's Dream Ice Cream, the Cultural Center, Ponte Vedra Chamber and Bold Bean coffee, which the eatery currently uses for all its coffee-related beverages.



Photos by Daniela Toporek

Tracey Westbrook, owner of Atlantic Beach Urban Farms and Karina Coryell, co-owner of Trasca and Co. Eatery, meet up at Trasca to sample salads using Urban Farms' very own locally-sourced greens.



Trasca & Co. Eatery hopes to continue working with local businesses to help the Ponte Vedra community flourish.

Southern Women's Show features Mother-Daughter Day, cookie decorating contest

The annual Jacksonville Southern Women's Show will take place Oct. 17 to Oct. 20 at the Prime Osborn Convention Center in Jacksonville.

On Friday, Oct. 18, admission is just \$4 from 4-7 p.m. Enjoy an evening of shopping, cocktails, entertainment and fashion shows. In addition, when you purchase your ticket at the box office, you'll receive a certificate to pick up a free cookie from Mrs. Sweetley's, while supplies last.

Mother-Daughter Day is always an extra special day at the Southern Women's Show. On Saturday, Oct. 19, there will be stage performances, giveaways and activities geared towards mothers and daughters of all ages.

Other events on Oct. 19 include Mrs. Sweetley's Cookie Decorating Contest at 11:30 a.m. on the Culinary and Create Stage, and the Mother-Daughter look-a-like contest will take place at 2 p.m. on the Fashion and Entertainment Stage.

The Southern Women's Show

is offering a \$40 VIP package, which includes:

- A 4-day pass bracelet
- \$10 in show bucks
- Women's Show reusable shopping bag
- Southern Women's Show popsocket
- Flower headband
- Free ice cream cone or bowl from Hears the Scoop
- Gift cards from McDonald's and Chic-fil-A
- Bundtini from Nothing Bundt Cakes
- Gifts from Tupperware, Pelindaba Lavender, Hippie's Homemade Candles, Ketel One Botanical, CarePlus Health Plans, RX2Live and Fulton Gibbs Wellness.

■ More than \$300 worth of exclusive coupons, discounts and gifts with purchase from over 20 exhibitors including Winn-Dixie, Fanelli, Eccentric Cat, Natural Nails, Pink Zebra, Sandeez, Heart to Heart Boutique and Glamorous Chicks Cosmetics.

For more information, visit southernshows.com/wja.

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ABOVE: Ro Gioia (from left), Alyson Cannady, Julianne Gamel, Alexandria Preston and Lauren West attend September's Southern Tea event.



LEFT: Katherine Way fashion was on display at last month's Southern Tea.

Photos by Susan Griffin

Skinny JAX hosts Southern Tea to highlight new skincare line

Skinny JAX, Jacksonville Beach's medical weight loss and beauty boutique, will host a Southern Tea on Oct. 21, showcasing several unique vendors and products.

Every third Monday, Skinny JAX hosts an event that features demonstrations of

specialty products, samples and giveaways. Discounts will also be provided during event hours, with giveaway drawings during the final hour. Patrons of the event can sip Southern Tea's signature hi-

SKINCARE continues on Page 21

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The Women's Board of Wolfson Children's Hospital announces 2019 Art & Antiques Show chairs

Volunteers plan local philanthropic community event

The Women's Board of Wolfson Children's Hospital recently announced Robin Albaneze and Robin Love as the co-chairs for the 2019 Art & Antiques Show. The event will be held at the Prime F. Osborn Convention Center from Friday, Dec. 6 through Sunday, Dec. 8.

The 2019 Art & Antiques Show will welcome more than 40 renowned art and antiques dealers from across the country. Highlighting the event's "Paris in Full Bloom" theme, a black-tie, opening night gala will celebrate the magic and style of France's capital city and include live music from The River Town Band. The event culminates with the Children's Fashion Show featuring Wolfson Children's Hospital patients.

For tickets, sponsorship opportunities or more information, visit ArtandAntiquesShow.com, call (904) 202-2886 or email womensboard@bmcjax.com.



Photo courtesy of Women's Board of Wolfson Children's Hospital

Robin Albaneze and Robin Love were named the co-chairs for the 2019 Art & Antiques Show, benefiting Wolfson Children's Hospital.

Skincare

Continued from 20

biscuit and mint julep teas while sampling products and learning about the newest in beauty care.

The October event will begin at 4 p.m. and will offer live demonstrations and facial procedures with a combination of its multiple lines and brands. A jewelry artist will showcase unique pieces, and freshly pressed juices by the catering team of Savour Sensations will be offered.

The recently opened clinic offers customized weight loss programs, nutritional programs, medical grade supplements, metabolism enhancers, B-12 complex/Lipolean injections and prescription weight loss — all tailored to a client's individual beauty and weight loss needs.

The 9X NewBeauty award winning skin care management system by Jan Marini Skin Research products will be highlighted during the event. The skin care set is a daily program that helps nourish, enhance and protect skin. The clinically tested line is specifically designed to treat conditions such as fine lines and wrinkles, acne, pigmentation and brightness, redness, texture and pore size. The system is also formulated to the unique needs of eyes, hands or neck.

Orth Molecular Products will also be on hand, offering samples and a representative to answer questions about the medical-grade vitamins.

Skinny JAX is located at 1492 3rd St. South in Jacksonville Beach. For more information, call Skinny JAX at (904) 999-0977 or visit www.SkinnyJAX.com.

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Thursday, Oct. 10	Friday, Oct. 11	Saturday, Oct. 12	Sunday, Oct. 13
<p>Sex + Faith All are welcome to an evening with noted author, Dr. Kate Ott, presented by the Christ Church Family Ministry. Dr. Ott will address how faith relates to sexuality and the essential role parents play in forming sexually healthy and faithful children. This program is for parents and adults who work with children and youth. This event is free and open to the public. Dr. Ott's book, "Sex + Faith: Talking with Your Child from Birth to Adolescence," will be available for sale at the event. Free parking is available in the Christ Church parking garage. Christ Episcopal Church is located at 400 San Juan Drive in Ponte Vedra Beach.</p> <p>Journey through the Chakras Learn the meaning and function of each chakra, explore the characteristics of a balanced chakra and discover guidelines for bringing chakras into balance in a workshop led by Reiki Master, clairvoyant and international color therapist Irene Schrank. The workshop is from 6:30 to 8 p.m., Thursday, Oct. 10, at the Mind Body and Beyond Center. Cost for the workshop is \$25. For questions or more information, call (904) 992-9930 or email info@mbandbcenter.com. Mind Body and Beyond Center is located at 13500 Sutton Park Drive S., # 203, in Jacksonville.</p> <p>Cocktails & Creatives Cocktails & Creatives connects creative professionals, print/web designers, photographers, painters, writers, makers, and more, in a low-intensity social setting. Whether new to the city, a regular at ALGA events or a seasoned professional who is getting back in the game, this group makes an effort to invite the community at large to network, relax, and find out what's happening in the design world. This month's meet will be from 6 to 9 p.m., Thursday, Oct. 10, at Poe's Tavern. Poe's Tavern is located at 363 Atlantic Blvd. in Atlantic Beach.</p>	<p>A Black & Teal Affair: Hispanic Heritage Gala & Achieving the Dream Scholarship Awards Join the First Coast Hispanic Chamber of Commerce at its fourth annual Achieving the Dream Scholarship Awards & Hispanic Heritage Gala from 6 to 10 p.m., Oct. 11, at TIAA Bank Field. Each year, the FCHCC has celebrated our Hispanic Heritage Month with a Gala. This is done to promote awareness of the impact the Hispanic community has in Northeast Florida. The gala will also celebrate the achievements of Hispanic students, who have come a long way after their hard work and dedication and have received and will Achieving the Dream Scholarship Awards. For tickets, visit www.EventBrite.com and search for the event, "Hispanic Heritage Gala & Achieving the Dream Scholarship Awards." TIAA Bank Field is located at 1 TIAA Bank Field Dr. in Jacksonville.</p> <p>Ponte Vedra Professional Networking Group meeting The Ponte Vedra Professional Networking Group schedules weekly meetings inside Fidelity Bank, where members network with each other and guests. Each member/guest will introduce themselves and one member will present about the businesses he/she represents. The next meeting is Oct. 11 at 8:45 a.m. Fidelity Bank is located at 110 A1A N. in Ponte Vedra Beach.</p> <p>Sawgrass Village breast cancer awareness Flag Day Join Sawgrass Village from 8 a.m. to 4 p.m., Oct. 11, for its breast cancer awareness event featuring the pink charity, The Pink Ribbon Golf Classic. The charity will be in front of Publix, where guests are encouraged to donate \$20 per flag. All proceeds will be donated to local breast cancer research at Baptist Medical Center Beaches & Mayo Clinic-Jacksonville. The flags help increase awareness and show community support at each of the charity's events by lining the entrances and fairways at the Ponte Vedra Inn & Club, entrances to Sawgrass Village on Flag Day or Strolling the Shoppes of Ponte Vedra. For more information about The Pink Ribbon Golf Classic, visit www.pinkribbonjax.org. Sawgrass Village is located at 215 Tourside Dr. in Ponte Vedra Beach.</p>	<p>Fashion Asado Witness the culinary arts collide with fire and fashion at Urban Asado's collaborative event, Fashion Asado, from 6 to 9 p.m., Oct. 12. The event will feature fashion installations and runway looks from Wild Raven Boutique & Exchange and St. Augustine Fashion Week's student design winner, Dmitri Sieracki. Dishes will be prepared by local St. Augustine chefs on live-fire, Urban Asado Argentinian grills, paired with craft cocktails created by local cocktailers. For tickets, visit www.EventBrite.com and search for, "Fashion Asado." Urban Asado is located at 150 Riberia St. Suite C, in St. Augustine.</p> <p>Creepy Crawl 5K and Vampire Mile The Hemophilia Foundation of Greater Florida is hosting its Creepy Crawl 5K and Vampire Mile at 7 a.m., Oct. 12, in the Nocatee community. 89% of proceeds will support programs such as the HFGF medically-supervised summer Camp Spirit, health educational programs, emergency assistance and more. To pre-register, visit www.hemophiliaflorida.org. The Creepy Crawl and Vampire Walk will be located at 245 Nocatee Center Way in Ponte Vedra.</p> <p>GYO GREENS farm tour Visit GYO GREENS Aquaponic Farm for an introduction to aquaponics and sustainable farming practices. The tour starts at 10:30 a.m., Oct. 12. Tour fee is \$10 and includes a copy of the GYO Greens cookbook. The tour will give an overview of farm systems, designs and theory and includes produce tasting with produce available for purchase. Appropriate farm attire and closed shoes are required. Email info@gyogreens.com to book a spot. GYO GREENS is located at 147 Canal Blvd. in Ponte Vedra Beach.</p> <p>City Gate Spirits opening celebration City Gate Spirits, Northeast Florida's newest craft distillery, is hosting its grand opening from 11 a.m. to 7 p.m., Oct. 12. The all-day event will celebrate the spirit of St. Augustine with free tastings, giveaways, games, live music and local cuisine. Celebrate the arrival of a new local business, sample craft spirits and enjoy the views of the Castillo de San Marcos from the distillery's front patio. City Gate Spirits is located at 11 St. George St. in St. Augustine.</p>	<p>Creepy Crawl 5K and Vampire Mile Professional comedian and magician, Mark Alan, will be performing at 2 p.m. and 7 p.m., Sunday, Oct. 6, at the All Beaches Experimental Theatre. Alan has been entertaining nationally and internationally for over 25 years and has won awards for his fast and clean comedy and interactions with the audience. Tickets are \$15 for adults and \$8 for ages 18 and under. For more information, call (904) 249-7177 or visit www.abetheatre.com. All Beaches Experimental Theatre is located at 544 Atlantic Blvd. in Neptune Beach.</p> <p>Craftoberfest Celebrate Oktoberfest at TPC Sawgrass from 2 to 5 p.m., Oct. 13, at NINETEEN. The night includes draft beer from Jacksonville's breweries, Aardwolf Brewing Company, Intuition Ale Works, Veterans United, Ruby Beach Brewing and Southern Swells. Guests can also build their own tacos and sliders, play lawn games and jam to live music featuring The Willow Sisters. Tickets are \$48 with a portion of each admission to be donated to Feeding Northeast Florida. For tickets and reservations, call NINETEEN at (904) 273-3238. NINETEEN is located at 110 Championship Way in Ponte Vedra Beach.</p> <p>Sundays at Surfer the Bar Join Big Fish Power Yoga on Sundays for a free "music & flow" class at Surfer the Bar. The class is held upstairs and runs from 10 to 11 a.m. Bring friends and family and enjoy brunch and mimosas after class. Register under classes at www.bigfishpoweryoga.com. Surfer the Bar is located at 200 First St. in Jacksonville Beach.</p> <p>Beaches Oktoberfest 2019 cornhole tournament Find a partner and get ready for the third annual Cornhole Tournament at the Beaches Oktoberfest. The tournament kicks off at 1 p.m., Oct. 13, at the Seawalk Pavilion, but arriving early is suggested. The tournament will be in the Food Truck Food Court next to the Local's Only Beer Garden and Second Stage. Sign-up is \$30. Register by searching for "2019 Cornhole Tournament" at www.EventBrite.com. The Seawalk Pavilion is located at First St. N. in Jacksonville Beach.</p>

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Monday, Oct. 14	Tuesday, Oct. 15	Wednesday, Oct. 16	Thursday, Oct. 17
<p>20th Annual Great Pumpkin Patch Lord of Life Lutheran Church will host its 20th annual patch from 2 to 6 p.m., Oct. 14 through Halloween, with pumpkins spread across the field for anyone's picking. There will also be "fresh from the patch" pumpkin pies and other baked and canned goods for sale. For more information, call the church at (904) 285-5347. Lord of Life Lutheran Church is located at 276 Roscoe Blvd. N. in Ponte Vedra Beach.</p> <p>Insomnia: symptoms, causes and treatments Struggling with insomnia? Dr. Steven Nickels from Science Based Wellness will speak on insomnia and its causes, symptoms and treatments from 6 to 8 p.m., Oct. 14, at Nona Blue Modern Tavern. Tickets are \$10 and include complimentary wine and appetizers. Purchase tickets at www.EventBrite.com. Nona Blue Modern Tavern is located at 325 Front St. in Ponte Vedra Beach.</p> <p>Run Club at Southern Swells Brewing Co. Join Jax Beach Runners Monday nights at Southern Swells Brewing Co. for an evening run starting at 7 p.m. It is a 4.2-mile route, but runners can run as much or as little as they'd like. After the run, hang out and enjoy \$1 Southern Swells beers. For more information about Jax Beach Runners and their events, visit their page at www.meetup.com/Jax-Beach-Runners. Southern Swells Brewing Co. is located at 1312 Beach Blvd. in Jacksonville Beach.</p> <p>Social media dos & don'ts for restaurant professionals Join Jax Restaurant Reviews from 6 to 7:30 p.m., Oct. 16, at Blue Bamboo for an evening to learn social media practices for restaurant owners, managers, chefs and other industry professionals. Tickets are \$18 and can be found on www.EventBrite.com. Food and drinks will be available for purchase. Blue Bamboo is located at 3820 Southside Blvd. in Jacksonville.</p>	<p>First Coast Newcomers Adult Card Playing Club playing date The First Coast Newcomers Adult Card Playing Events Club will host its next playing date and Halloween fun card party at 1 p.m., Oct. 15, at the Main Library in a private room. Bring snacks and treats to share. There will also be a refreshment table. RSVP is required. Call the club organizer at (904) 829-0643 to RSVP, for more information. The Main Library is located at 1960 N. Ponce De Leon Blvd. in St. Augustine.</p> <p>Florida Blue free Tuesday at the Cummer On Tuesday evenings from 4 to 9 p.m., enjoy free admission to the Cummer Museum and its historic gardens, thanks to the generous support of Florida Blue. Guests can enjoy free admission to the galleries and the Cummer Café, which is also open for Tapas Tuesday. This event is sponsored by VyStar Credit Union. The Cummer Museum of Art & Gardens is located at 829 Riverside Ave. in Jacksonville.</p> <p>Jax Beach classic car cruise Join car enthusiasts at this monthly car show at the Seawalk Pavilion in Jacksonville Beach from 5 to 8 p.m., Sept. 17. For questions or more information, email info@betterjaxbeach.com. The Seawalk Pavilion is located at 75 First St. N. in Jacksonville Beach.</p> <p>\$1 Tuesdays for kids at Trasca & Co. Take the kids out to eat and save some money on Tuesdays at Trasca & Co. Eatery. Children eat for \$1 with the purchase of an adult entrée. The special works for dine-in, take-out and deliveries. For more information, call Trasca & Co. Eatery at (904) 395-3989. Trasca & Co. is located at 155 Tourside Drive in Ponte Vedra Beach.</p> <p>Bingo Tuesday with Mellow Mushroom Join Mellow Mushroom, Tuesdays at 7:30 p.m., for food, drinks, fun and prizes. Grab some good friends and family and get ready for a groovy time. Stick around after for late-night happy hour specials. Mellow Mushroom is located at 1018-2 Third St. N. in Jacksonville Beach.</p>	<p>Bats with SJC Parks & Recreation Florida is home to 13 species of bats. Bats are unique, winged mammals that play an important role in the ecosystem. Join St. Johns County Naturalist, Kelly Ussia, from 3 to 4 p.m., Oct. 16, at the Ponte Vedra Beach Branch Library for an educational hour devoted to these regional creatures. No reservations required, but seating is first come, first served. The Ponte Vedra Beach Branch Library is located at 101 Library Blvd. in Ponte Vedra Beach.</p> <p>ZZ Top's "50th Anniversary Tour" The St. Augustine Amphitheatre will be host to rock icons, ZZ Top and Cheap Trick, for the ZZ Top "50th Anniversary Tour," at 7:30 p.m., Oct. 16. Doors open at 5 p.m. Tickets can be purchased at www.ticketmaster.com. The St. Augustine Amphitheatre is located at 1340 A1A S. in St. Augustine.</p> <p>Beaches joint luncheon with St. Johns County Chamber Join members of the JAX Chamber, Beaches Division and St. Johns County Chamber, Ponte Vedra Division, at Sawgrass Beach Club for a luncheon and to listen to updates given by key note speaker, Todd L. Sack, MD FACP, Gastroenterology & Hepatology. Topics of discussion will include energy, resilience and opportunities for NE Florida. The luncheon will be hosted from 11:30 a.m. to 1:30 p.m., Oct. 16. Tickets are \$25 in advance and \$30 at the door. For tickets or more information, call Kathy Sutton at (904) 273-5366 or visit www.myjaxchamber.com. Sawgrass Beach Club is located at 9797 Summer Place in Ponte Vedra Beach.</p> <p>Wine Wednesday Tasting: Bubbles For \$15, guests can visit Town Hall Jax Wednesday afternoons and participate in its Wine Wednesday tasting, featuring up to six different wines. Each Wednesday has a unique theme and covers different regions with a different qualities. Enjoy happy hour snacks to pair between 4:30 and 6 p.m., with the tasting lasting until 7 p.m. Reservations are recommended. Town Hall Jax is located at 2012 San Marco Blvd. in Jacksonville.</p>	<p>'Beautiful Skin Starts Within' Diet is the most over looked step in skin care and one of the most important. Alternative Medicine Physician and Clinical Nutrition Practitioner, Dr. Lexie Romero, DC., will share secrets of how to eat properly to get healthy, glowing skin from 5:45 to 6:30 p.m., Oct. 17, at Optimal You Brain Centers. Light snacks and drinks will be provided in a relaxed environment in order to absorb all the information needed. Seating is limited. For how to attend, call Optimal You Brain Centers at (904) 373-5852. Optimal You Brain Centers is located at 151 Sawgrass Corners Drive, #102, in Ponte Vedra Beach.</p> <p>Ponte Vedra Connect networking social Network with like-minded professionals from the beaches at Pusser's from 5:30 to 8 p.m., Oct. 17. All industries are welcome and encouraged to invite other professionals who are interested to network in the area. Pusser's happy hour runs from 4 to 7 p.m., so drinks will be on special and select appetizers will be half off throughout most of the event. Pusser's Bar and Grill is located at 816 A1A N., #100, in Ponte Vedra Beach.</p> <p>Oct. 20: VIGLO pop-up dinner Vietnamese food has been heavily influenced by French cuisine since the French colonization of Vietnam and Cambodia, French Indochina in 1887. The colonization lasted 70 years and gave new, unique flavors to traditional Vietnamese cooking. Join chefs Mimi Lan, Alexander Yim and Antonella Di Benedetto as Vietnamese with Global Influences (VIGLO) presents an intimate five-course Vietnamese and French pop-up dinner from 5 to 8 p.m., Oct. 20 at San Marco's Matthew's Restaurant. For more information, call Matthew's Restaurant at (904) 396-9922. Tickets can be found at www.904jax.com. Matthew's Restaurant is located at 2107 Hendricks Ave. in Jacksonville.</p> <p>Free calendar listings for community groups and nonprofit organizations are published at our discretion on a space-available basis. Send your event at least 10 days before publication. Submit events to Daniela@opcfla.com or call (904) 686-3939.</p> <p style="text-align: right;">Compiled by Daniela Toporek</p>

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Photos by Christine Rodenbaugh

Jodi Mazar (from left), founding member Fran Palmer, and Sue Weiner attended the Oct. 2 kickoff party at Pusser's Restaurant for the SenioRITAs at Sawgrass Country Club's 20th anniversary charity event.

SenioRITAs events to benefit breast cancer research, services



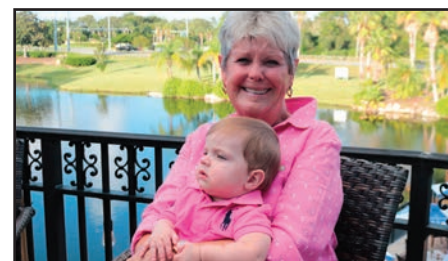
Volunteer Sara Gomez (left) helps Beth Halley choose a tournament T-shirt. Halley was recruited by Marie Carter Calvin to play doubles in the Oct. 18-20 tournament.

SenioRITAs at Sawgrass Country Club, Jacksonville's largest charity tennis event, is celebrating its 20th anniversary. The annual women's doubles tennis tournament benefits breast cancer research at Mayo Clinic and patient services at Baptist Medical Center Beaches.

The live and silent auction dinner party is set for Oct. 14 at Sawgrass Beach Club, and the tennis tournament will be held Oct. 18 to 20 at the Sawgrass Tennis Center. The three-day tennis tournament features nearly 300 women from throughout the southeast.

Because the group is an all-volunteer organization, 100% of the proceeds go to Mayo Clinic and Baptist Medical Center Beaches. All events are open to the public, and community support is encouraged.

To purchase tickets or for more information, visit www.the-rita-foundation.org/senioritas or email founder, Chuck Jantz at chuckjantz@gmail.com.



SenioRITAs committee member, Cynthia Pennell, holds 7-month-old Ayne at the charity's kickoff party Oct. 2.

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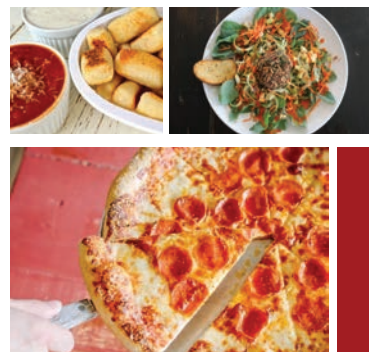


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Photo by Christine Rodenbaugh

Eric Harrison (from left), Georgette McHone, Kelly Byrnes, Jeremy LaTravers and Michelle Buchanan wore custom-designed shirts "Steppin for Sissy" for the 2019 Pink Up The Pace 5K walk and run Saturday, Oct. 5, at Francis Field in St. Augustine.

Pink Up The Pace draws nearly 3,000 participants

By Christine Rodenbaugh

Energy was high, the morning breeze was cool and Francis Field in downtown St. Augustine was awash in a sea of pink on Saturday to support breast cancer survivors and to remember those who lost their battles with the disease. An estimat-

ed 2,850 people participated in the annual Pink Up The Pace 5K walk and run. Pink Up The Pace supports efforts to help people detect breast cancer early, and also supports people who have been affected by breast cancer.

PINK continues on Page 26



KIM M. DAVIS

BROKER/OWNER/CIPS/CLHMS/CAM BUSINESS COACH

Kim Davis is committed to real estate and taking care of you! In practice for 28 years, Kim is Broker Owner of **Ponte Vedra Beach Realty, Inc.**, a boutique, full service office that is not the biggest, but is known for quality and the customer service you deserve. She prides herself on building relationships, and real estate as Kim describes it, is a contact sport business! "We are committed to excellence, and excited about the opportunity to continue setting ourselves apart by working as such a

distinctive brand -- and on a global scale.

From having served on many North Florida boards and served in leadership positions from the Chamber of Commerce to the Education Foundation and being awarded many real estate top honors, Kim has a firm grasp on what it takes to sustain a thriving real estate business through whatever market cycle arises. Rock solid experience, adapting, being competent and forward thinking, are key to navigating any market.

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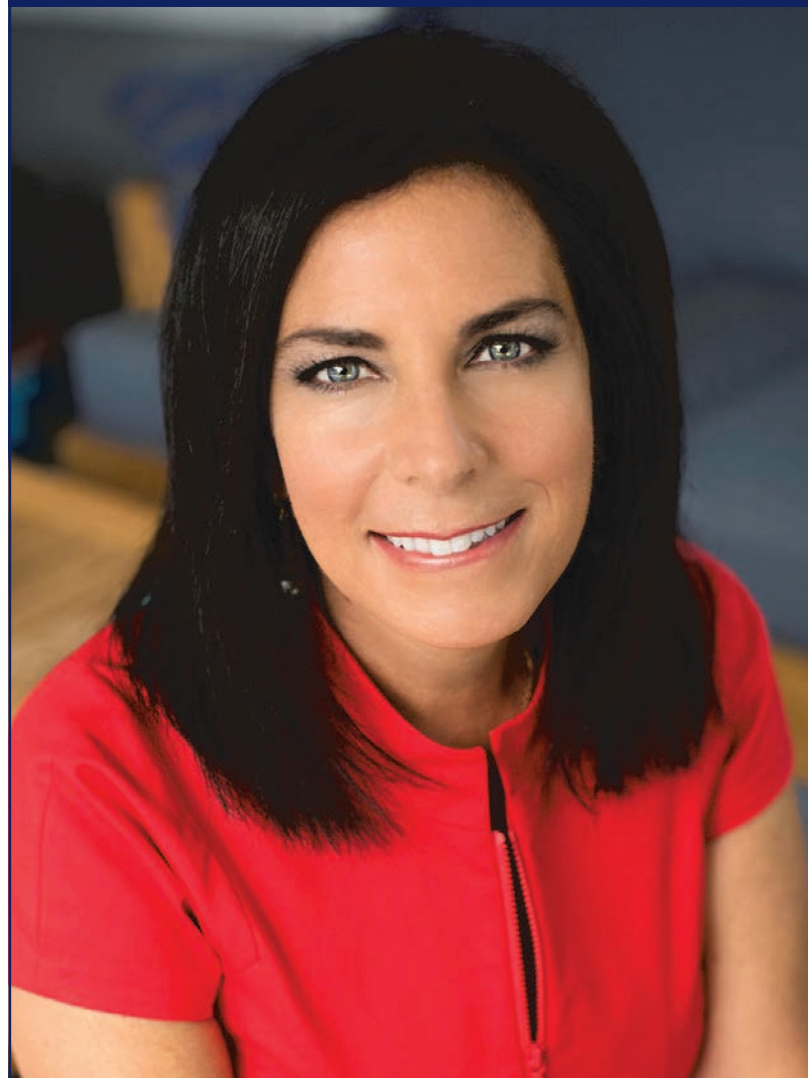
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Janet E. Johnson, P.A.

Criminal Defense Attorney



Janet Johnson is committed to aggressively defending people accused in all criminal matters in state and federal court. In practice since 1994, she is a member of the Florida Bar, The Federal Bar, Colorado Bar, as well as the Florida Association of Criminal Defense Lawyers. She has been on the faculty of FACDL "Blood, Breath & Tears" annual DUI seminar. Ms. Johnson has been awarded the AV preeminent rating™ from Martindale-Hubble® and was named a fellow to the prestigious Litigation Counsel of America™, as well as one of the ten best criminal defense attorneys nationally for client satisfaction by the American Institute of Criminal Law Attorneys. She also appears as a legal commentator on CNN and HLN.

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Pink

Continued from 25

An emcee guided runners and walkers to a central location on the field for a group photo. Then participants engaged in warmup exercises to lively music with empowering lyrics. In addition to tutus and pink tights, Flagler Health+ provided capes emblazoned the word “survivor” for those who triumphed over cancer — some more than once. Groups wore matching shirts in solidarity. Some individuals wore over-the-top outfits to stand out in the crowd. Still others were accompanied by pets in costume or with fur dyed pink.

The Pink Up The Pace organization provides further support by connecting people who have been through a similar diagnosis. Having a support network to share treatment experiences and talk with about what lies ahead can prevent feelings of isolation.

Runners and walkers were cheered on by a small group of young women near the finish line and each finisher received a medal at the end of the race. For information and 2019 race results, visit www.pinkupthepace.com.

Linda Johnson was decked out in pink for the 2019 Pink Up The Pace 5K walk and run Saturday, Oct. 5. Johnson, from St. Augustine, finished the race in less than 43 minutes.



Emma and Melissa Ryan met up with Julie and Heidi Ronan for the annual Pink Up The Pace 5K.



ABOVE: Honour Williams and 16-year-old Mary Grace Avendano put a pink hat on the family dog to participate in the 5K.



LEFT: A group of young women cheer walkers and runners near the 3-mile mark of the 2019 Pink Up The Pace 5K.

Photos by Christine Rodenbaugh



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PAGE 27 THURSDAY, OCTOBER 10, 2019

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CHAMBER HOLDS BEFORE HOURS



Photo courtesy of the St. Johns County Chamber of Commerce

The St. Johns County Chamber-Ponte Vedra Beach Division held a Chamber Before Hours Oct. 2, at Lippes Mathias Wexler Friedman LLP Register in Ponte Vedra Beach. Attendees were treated to breakfast, and the opportunity to make strong business connections while sharing conversation.

PONTE VEDRA BEACH SUNSET ROTARY VISITS BRIGHTON BEACH



Photo courtesy of Carol Maurer

Ponte Vedra Beach Sunset Rotary Club members, friends and family enjoyed Neil Simon's "Brighton Beach Memoirs" at Alhambra Theatre & Dining last week. (From left): Dave Howie, Zeke Paxton, Becky Howie, Kris Westmoreland, Janeene Hart, Cindy and Colin Mead, Steve and Chrissy Dwyer, Tim Williford (edge of head), Sara Cubadda (RYE student from Italy), Art Hartley, Carol Maurer, Janet Hartley, Bob Swatek, Rebecca Cooper, Cyndi King, Lisa and Guy Rasch, Lois Remolde, Chris Tchorznicki, Waine Banyas.

Nothing brings happiness like living right



Harry Pappas
Columnist

There is a great line in the movie, "Wall Street," where Gordon Gekko (Michael Douglas), the legendary investment guru, says to Bud Fox (Charlie Sheen), a young stockbroker full of ambition, "The thing about money is that it makes you do things you don't want to do."

Oh my, how true!

Far too many people believe that money equals self-worth and these driven peeps will do things to get as many greenbacks as they can even at the expense of compromising their integrity and moral values.

Nevertheless, these folks work under the premise that more money equals more power, more stature, more fame and, of course, they believe more happiness! If these folks don't get it now they will at some point learn why countless studies demonstrate that more money does not equate to more bliss. Akin to the corporate raider and his whipper snapper wannabe friend, it did not take me long to recognize that pleasure and happiness are not synonymous. Intellectually, I believe we all know that most short-term desires often

become long-term headaches. In the words of Nobel Laureate Kahneman, "Life seems to consist of struggle between shortsighted self with long-sighted self and to balance these two is an art."

Have you ever been in a predicament, like your columnist, where you are a narrow-minded "doer" that cares more about immediate gratification and then on the other hand, you are a long-term planner that is concerned not about short-term pleasure but long-term gratification? I refer to this quandary as emotional confusion.

As I often tell my children, we all have the choice of the pain of discipline or the pain of regret and I argue the pain of regret is far more excruciating than that of discipline. I should know, as I have the scars and the black and blue marks to prove it.

In fact, at times I felt like the mythical characters in the famous play, The Strange Case of Dr. Jekyll and Mr. Hyde where Dr. Jekyll is a respected doctor that is methodical, easy going, and compliant while his darker self, Mr. Hyde, is a repugnant man who is cruel and angry.

Recently a client gave me a book authored by Mathew Kelly titled "Perfectly Yourself Discovering God's Dream for You," which was an incredibly enlightening and thought-provoking read. One of

the many eye-opening comments that Mr. Kelly articulated was, if we want sustainable long-term happiness than "Just do the next right thing."

Sounds simple doesn't it?

It would be a mistake to confuse simple with easy as we are all guilty of knowing what the next right thing to do, but for whatever reason we don't do it! Mathew Kelly puts forth that we need to listen and obey the gentle voice within us instead of succumbing to the seductive loud voice of the world. Happiness is an inside job, which has little to do with fame, notoriety, money or possessions, contrary to what so many rely on. Instead, it is about living right; doing the next right thing!

Furthermore, I staunchly believe in the so-called "enemy" that constantly tries to persuade us into a life of hypocrisy. Stated more simply, the antagonist does not want us to do the next right thing. Instead, the desire is for us to be self-absorbed, ego driven and more worried about our outward appearance and reputation and not in our inner spirituality, truth and vulnerability.

Maybe like you, I am still work in progress with respect to rushing to judgement and racing to argue, while overlooking the common ground.

At times, I keep trying to remove the speck from other people's eye, while at the same time ignoring the plank in my own eye (Mathew 7:5). I was/am often conflicted just like Dr. Jekyll and Mr. Hyde, so day in and day out I must conquer the battlefield of my mind. If we want passion, energy, enthusiasm, purpose, and maintainable joy, we just need to do the next right thing instead of surrendering to the flesh and the momentary pleasures of the world.

Let's stay in beast mode by winning every day by doing the next right thing! Either we win the day or the enemy will win it. It is our choice! When the world or peeps go low, let's go high, as in God and His word.

This is HP and I approve this message.

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Honda

OF THE AVENUES

Pappas

Continued from 27

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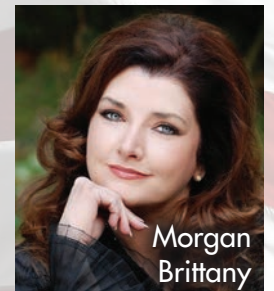
7th Annual First Coast's Benghazi Memorial

Outspoken Hollywood Actresses, the PolitiChicks, former Nobel Prize Nominee and Terrorist hostage, Security, and Terrorism Experts are coming to Jacksonville on Saturday evening, October 26 to speak at the 7th Annual First Coast's Benghazi Memorial. The Gold Star Father of Benghazi Hero Tyrone Woods will offer comments. A VIP Reception to welcome prominent National speakers to Jacksonville will precede the event.

This is your chance to find out what's happening all over the country from some of the most knowledgeable experts in America. For tickets to the event and VIP Reception: Google "We Can Be Heroes in Jacksonville" and follow the link to Eventbrite. Discounts for Seniors, Veterans, and First Responders are offered. Seating is limited.

A special feature of the event is an opportunity for you to honor your hero. The name of your Hero, Military Members, Veteran, First Responder or Loved One can be honored or memorialized in the event program and social media circulars. Info at the Events link at www.WeCanBeHeroesFoundation.org or 904 373-8817.

The Host of this event is the We Can Be Heroes Foundation, an all-volunteer charity.



*disclaimer - event is on new/nontitled 2019 models only; must be approved through AHFC on tiers 1-8 except Passport, Ridgeline, Clarity, Insight and Accord Hybrid which are tiers 1-3; maximum \$30,000 financed before optional business office products; program runs 10.04.19 - 10.31.19.

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CHEMO NOIR

Cultural Center celebrates 25th anniversary



Photo by Susan Griffin

Catherine Tate (from left), Sara Bass, Jennifer Jordan, Donna Guzzo, Angela Gordon, Alejandra Hernandez-Ordoñez celebrate the Cultural Center of Ponte Vedra's 25th anniversary Oct. 4.



ABOVE: Eileen Dyson and Geri Price

Photo by Daniela Toporek

RIGHT: A dancer from the St. Augustine Ballet performs during the anniversary celebration.

Photo by Susan Griffin



By Daniela Toporek

Celebrating its 25th anniversary Oct. 4, the Cultural Center of Ponte Vedra Beach hosted its first national exhibit, "1¢ LIFE," as well as the 55th anniversary of the "1¢ LIFE" landmark publication, which debuted in 1964.

Guests came to the evening celebration in their favorite 1960's attire, with outfits inspired from the luxurious Marilyn Monroe to the groovy vibes of Jimi Hendrix. Light snacks and an open bar were offered, along with a silent auction.

"Thank you to my staff for your team spirit, dedication and enthusiasm," said Cultural Center Executive Director Donna Guzzo. "And remember that access to the arts is vital to a vibrant community, so I appreciate everyone here tonight."

With more than 55 original graphics and poems from the landmark publication, the "1¢ LIFE" exhibit features 1960's pop-art from famous artists, including Andy Warhol and Roy Lichtenstein. The poems, produced by Walasse Ting, delve into the author's life experiences of the everyday, including subjects such as racism and identity politics.

"We decided that we wanted to expand our bubble and bring as much culture to the cultural center as we could," said Cultural Center Community Connections Director, Jennifer Jordan. "We decided this exhibit would be more popular to a broader range of audience."

Scott Grant, financial advisor and local historian, was among the guests at the Oct. 4 event. He partnered with the Cultural Center Sept. 27 to give a historical presentation of the "Summer of '64" in St. Augustine and Jacksonville, Florida, regarding essential local events in the Civil Rights Movement that changed the course of U.S. history.

"We're doing programs for it for all ages. We did the "Summer of '64" with Scott Grant," and "all this 1¢ LIFE artwork is from 1964, so it's a really interesting year to talk about," Jordan said.

Barbara Colaciello, performance artist and educator who once worked with Warhol in New York, said, "What I like about this exhibit is that it has historical references and it's not just about Warhol. It's important to educate people to what pop-art really is. Warhol was part of it, but if you take your time with the art and actually read the poetry, it encompasses what the sixties was really about."

Brass and woodwind instruments take center stage at St. Augustine Orchestra October season premiere

The St. Augustine Orchestra will open its 58th season celebrating the melodious sounds of brass and woodwind instruments with classic pieces from the mid-1800s to a contemporary concerto for tuba written by a distinguished, Emmy Award-winning composer.

The Masterworks Concert: Brahms, Schubert & Friends will include Johannes Brahms' lively Academic Festival; Franz Schubert's 'unfinished' Symphony No. 8; Johann Nepomuk Hummel's Trumpet Concerto and Bruce

Broughton's Tuba Concerto.

"We're showcasing our excellent wind instrument players in this performance," said Conductor Scott Gregg. Jason Harris will be featured in the Tuba Concerto while Andrea Albritton will solo on trumpet in the Hummel piece. "The brilliance of these compositions is how they weave the timbre of the flute, clarinet, bassoon, horns, and trombones into the string phrases."

The concert will also highlight the influence these composers had on one another as students together, peers and competitors



Photo courtesy of St. Augustine Orchestra

— and the "6 degrees of separation" between their lives.

All concerts this year will be held at the Lightner Museum (Alcazar Café) in the former 'swimming pool' area. The Master-

works Concert will take place Friday, Oct. 18 at 8 p.m.. Tickets are \$27.50 for adults over age 18; \$12 for youth 11-17 years old;

ORCHESTRA continues on Page 33

Local brings Halloween to new heights

Serena Bass' costume is better than yours

By Amber Lake

Ranging from the stunningly enchanting to the legitimately phantasmagorical, Palm Valley native Serena Bass takes Halloween to a whole new level.

Don't ask her who she is supposed to be, however, because she doesn't have an answer for you.

About a week before the holiday arrives, Bass begins a frenzy of piecing together, digging through rubbish and materializing ideas. In the past, she has been an Ice Bird, a puppet being "mastered," a traveling fortune teller, with booth included, and a tropical jungle.

"One thing about my costuming is I have all these ideas for different things, then, at the last minute, it all goes haywire," Bass said. "Then I'll choose something else."

Her ideas stem partially from practicality — utilizing random bric-a-brac and debris around her house. The other half, however, is derived from somewhere deep in the cavernous depths of creative appetite.

Growing up, the Bass family always made an effort to scale-up their Halloween costumes. Some of her earliest memories include being a nurse and wheeling around her father on a gurney with his intestines out. From that happy childhood, Bass was inspired to piece together her own ideas out of fragments of household salvage. She remembers during her senior year of high school, she made for a very convincing anglerfish, complete with luminescent fleshy lure.



ABOVE: Serena Bass and her mom dress as Zoltar and a dead patient. The two competed in a costume contest against each other in 2016.

RIGHT: Bass' Rainbow Phoenix costume circa 2008



Over the years, Bass added wings, audio enhancements and even stilts to her costumes. "I was not thinking that walking on stilts was going to be hard," Bass said. But, "Going out, there were like, flights of stairs to go up. Also going to the bathroom was kind of awkward. Because I was higher than all the stalls."

Par for the course, Bass doesn't know what this year's Halloween will look like. But she has some ideas. She is particularly inspired by the revival of Jim Henson's *Dark Crystal* on Netflix.

"If I have an idea I like enough, I'll make it work somehow," Bass said. "I change my mind a lot though."

With her creative costumes, Bass enters contests hoping to win. But she says she hasn't won in years past. "I make these elaborate things, and you would think, there has got to be nothing like this. People are going to love it," she said. "And then, you go to the Halloween costume contest and the girl with the least clothing wins."



Photos courtesy of Serena Bass

ABOVE: Bass' rainforest costume was complete with audio of tropical birds and forest sounds.

LEFT: Bass' freak show costume in 2018.

Orchestra

Continued from 32

and free for youth 10 and under. The ticket price reflects all online handling fees. Tickets are available at staugustineorchestra.ticketleap.com/brahms-schubert-sao2019/. Tickets may be available for sale at the door if the concert isn't sold out. The box office opens at 7:30 p.m. with general seating and wine is available for a donation.

The St. Augustine Orchestra won two audience awards in 2019: Folio Magazine's first 'Best of St. Augustine' Reader's Poll as Best Large Band/Orchestra in the city and was named one of three Best Local Band/Performers by the St. Augustine Record in its 'Best of St. Augustine' published in July. Visit the website at: <https://staugustineorchestra.org> or follow its news on Facebook at <https://www.facebook.com/staugustineorchestra/>

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Ponte Vedra Concert Hall Art Contest awards party rescheduled for Oct. 26

The Ponte Vedra Concert Hall and The Cultural Center at Ponte Vedra Beach recently announced the Ponte Vedra Concert Hall Art Contest awards party has been rescheduled to Saturday, Oct. 26, from 5-7 p.m. at the Ponte Vedra Concert Hall.

The awards event is free and open to the public. Light hors d'oeuvres will be served, and there will be a cash bar.

Board member and Chair of the Strategic Planning Committee at PVCH, Michael Wicks, expressed that the main goal with this project is to "...shine a

spotlight on one of our communities' greatest assets, the Ponte Vedra Concert Hall. We couldn't think of a better way than through the use of art, and through the eyes of our artist community. We are proud to partner with The Cultural Center at Ponte Vedra Beach for this special event."

The winner, selected by the Friends of the Ponte Vedra Concert Hall Board and representatives from the St. Johns County Cultural Events Division, will be announced at the awards ceremony.

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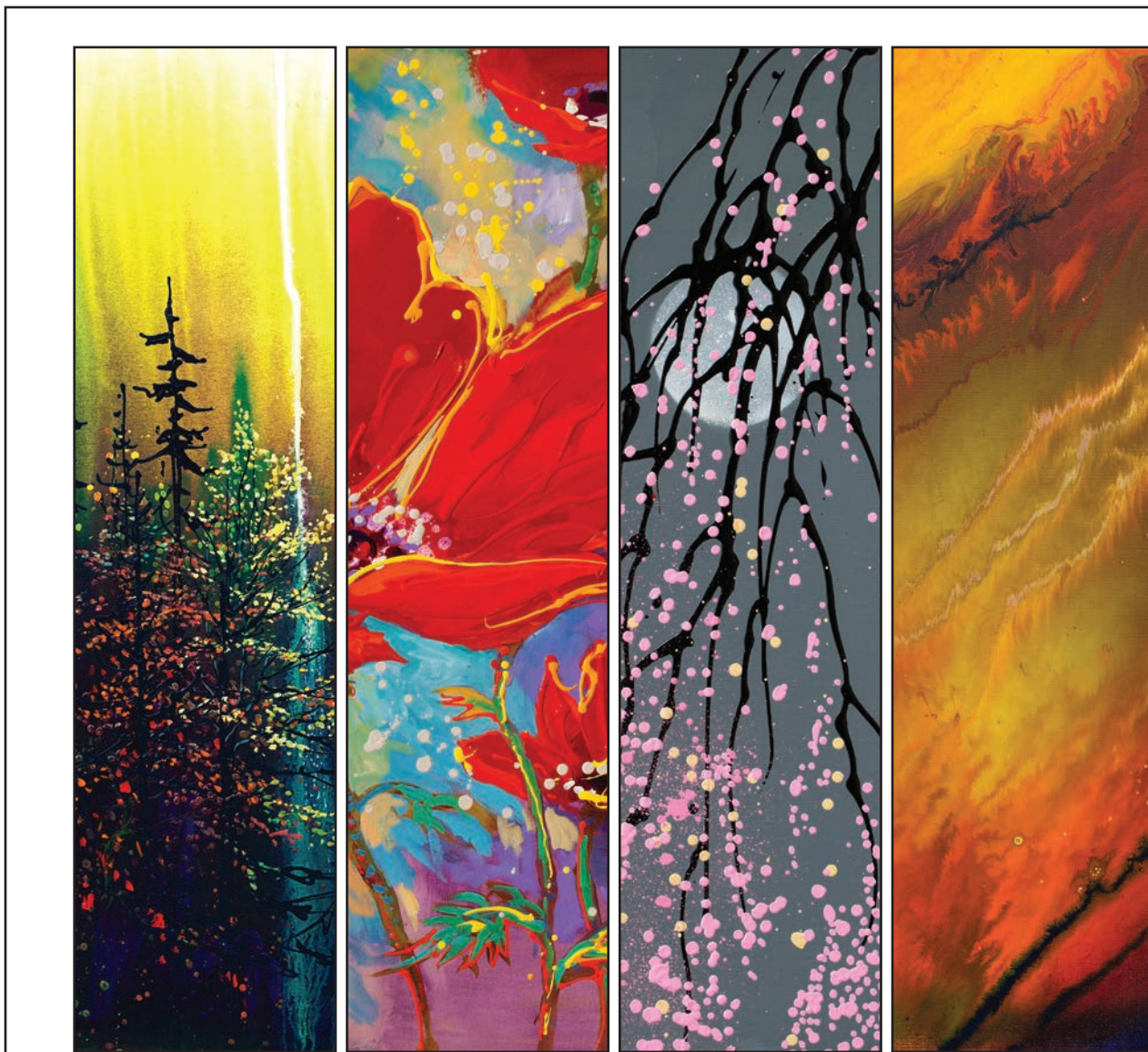
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Sports



THURSDAY, OCTOBER 10, 2019 • PAGE 36

Nease falls short vs. Fletcher, PVHS' winning streak ends

PAGE 38

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Marsh Landing WGA holds Opening Day Tournament

The Marsh Landing's Women's Golf Association held its Opening Day tournament Tuesday, Sept. 17.

The format was one best-ball of the foursome. Play was followed by lunch and a celebration of several birthdays, complete with beautiful cupcakes.



Winners Alison Kusch (from left), Karen Wehle, Lorry McCamey and Betty Jean O'Steen



Second-place finishers Jan McManus (from left), Elana Dietz, Pat Tancredi and Mary Tolton



Third-place finishers Ginny Dunn (from left), Anne Roy, Marty Evans, Isobel Spink

THEME: WORLD SERIES

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	49	50				51				52	53	
54						55				56		57
58						59				60		
61						62				63		

ACROSS

- At a great distance
- *TV network, last aired World Series in 1993
- Biological blueprint
- "For" in Spanish
- "For" in Spanish
- Clarified butter
- Kind of Wrangler
- Foolish person
- Capital of Latvia
- More so than #16 Down
- *As opposed to #51 Across
- Grateful Dead's kind of rock
- Like Hitler's ideal
- Bugling ungulate
- *2018 World Series winner
- Like default settings
- American cuckoo
- Interstellar cloud
- Female gamete
- Noonan in "Caddyshack"
- Olympic chant
- Related on mother's side
- Narc's unit
- Kind of acid
- Mountbatten-Windsor ____ Markle
- Financial deficit
- Made noise
- "I ____ You Babe"

47. Next step for juvenile

- Dylan Thomas, e.g.
- *League with most World Series victories
- Miss America's headgear
- ____ en scene
- Successor
- Picnic invaders
- Change for a five
- Marine eagle
- Unknown power
- *Formerly known as Stockings
- Shirt is tied, then ____

DOWN

- City dwelling, abbr.
- Babe in the woods
- Cantatrice's offering
- Drum sound
- Formal dishes
- Between "begin" and "begun"
- Notary Public's mark
- Cold cuts store
- Demand
- Credit card acronym
- Breakwater
- *Single series HR record holder
- Opposite of sun-kissed
- Often-missed humor
- *Pitching stat

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

- Hard place to scratch?
- Currently broadcasting
- Sashay
- Surveyor's map
- *1984 winner Darrell or 1986 loser Dwight
- Tutor's student
- *World Series play-by-play announcer
- Take illegal drugs
- Fitting reward
- *2018 losing team
- Cause for food recall

- Adam of "Stand and Deliver" fame
- Hardens
- I, to a Greek
- Used a back-scratcher, e.g.
- Spay
- Pub order
- Solemn promise
- Singer Tori
- Bald eagle's nest
- *Positions on the field
- Summer glow
- *Sock color of the 1918 and 2004 winners

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PVHS' UNBEATEN STREAK ENDS; NEASE'S RALLY FALLS SHORT



Photo by Chris Norton

Nease running back Montavious Rowe (26) pushes ahead for yards on the carry during the Panthers' 28-21 loss to Fletcher on Friday, Oct. 4. Nease rallied in the fourth quarter against the Senators, outscoring the Fletcher 14-7 in the fourth quarter, but couldn't catch up. The Panthers (1-5, 0-2 District 1-8A) play at undefeated Bartram Trail in a district game at 7 p.m. Friday. Meanwhile, Ponte Vedra (5-1) suffered its first loss of the season in a wild game against Bartram Trail on Friday, Oct. 4, losing 29-27 to the Bears. The Sharks next play visiting Englewood at 7 p.m. Friday in its District 3-6A opener.

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